

Yin Yoga Retreat & Teacher Training

“Story Telling in our Lives”

With **Biff Mithoefer**



November 12-17, 2017

Villa Madonna Retreat House, Rothesay, NB

\$1550 early bird until July 31

\$1630 \$500 deposit holds your space

prices include 15% hst

50 hour TT credit course, 5 nights single occupancy, all meals.

Open to Yoga teachers and Yoga practitioners of any style

Can be taken before or after other Biff trainings

A wonderful Yin retreat experience

Host: Ruth Richman yogaink@icloud.com 902-969-3102